Exercise Protocol: Sweat Rate Via Pilocarpine Iontophoresis

(consent content only)

Consent Content “What Will Happen in this Research?” section

We will measure your forearm (or other body part) sweat rate using a Macroduct Sweat Collection System. This system works by stimulating sweat production in a small area (about 3 inches) of your forearm by using a small, nonshocking electrical current. You may feel a mild tingling sensation, but nothing more. Many individuals report that they cannot feel anything. A total of approximately 10 drops of sweat will be collected from your forearm using a collection pad. The entire procedure, including prep time, takes about 30 minutes.